

- 1) Hashem the one and only God made everything in the universe for “**Kevod Shamayim**” which means for His honor. Hashem the Supreme King, made “*olam hazeh*” -planet Earth for the people that would accept the Torah (that’s us!). “*Olam haba*”-the world to come was created to give unimaginable reward to those that fear Hashem and unconceivable punishment to those that ignore Him.
- 2) Some say that the first generations which had an average life span of 857 years, was due to their eating a **healthier diet** consisting of vegetables and not consuming meat or wine. The original vegetables were much healthier than those of today since the soil before the flood was much superior. Also they did not act **immoral**, which shortens one’s lifespan (See Avos 4-21). Others say that Hashem generously gave the early generations of human beings extra time to spread their **awareness** of His power and wonders. They were also given time to invent and develop the world for later generations.
- 3) Hashem demonstrated a six day workweek filled with accomplishment and purpose in order to rest by **Shabbos**, so that we too would emulate Him and rest on Shabbos which testifies to His creating of the world. Also Hashem wanted us to **appreciate** all the components that make up this amazing world.
- 4) An angel named **Ruziel Hamalach** gave adam Harishon a book as a gift. This book is filled the secrets and mysteries of Kabbalah, while showing all the future events of mankind. We have a tradition that keeping a copy of this book in our homes is a segulah for protection.
- 5) Hashem gathered dust from the entire world to make Adam from it. This way the ground would accept man after his demise. Adam’s head was made from the dust of Eretz Yisroel, in particularly from the dirt of the future mizbeyach. Hashem said “I will make him from the place where he will get forgiveness and hopefully he will last.” Mankind was created from the spot reserved for the service and sacrifice to Hashem to always remind man to serve Hashem with sacrifice!
- 6) Adam saw that all plant life was level on the ground. So he prayed to Hashem to make it grow to give us the nutrition we need.
- 7) Adam named each creature according to its essence. A dog is called “kelev” which means “all heart”. This describes the loyalty and love that a dog has for it’s owner (and no one else!). As the saying goes “a dog is man’s best friend.” This quality should inspire man to be completely faithful to his Master too.
- 8) Chanoch was an outstanding tzadik and Torah scholar. However his generation was wicked and rotten. Hashem knew that if Chanoch kept living they would influence him negatively. So Hashem took Chanoch out of this world alive and put him right into Gan Eden.
- 9) We thank Hashem for the sun everyday in the longest beracha of all “Baruch Yotser Hamioros”. If it wasn’t for light we could not fully enjoy everything in the world. So that’s why it gets the longest beracha (with almost 300 words!).
- 10) The sky is blue because it reflects off of Hashem’s Heavenly Thrown of Glory which is the color of sapphire.
- 11) Adam was put to sleep during Chava’s creation from his rib so that he would not see the “surgery” and dislike her. This can teach us a lesson in human relationships: Sometimes we need to “fall asleep” not to notice others faults.
- 12) Kayin killed a countless number of people. Because with the murder of his brother Hevel he simultaneously destroyed all the potential children that would come from him. Who can know the ramifications of a crime! It seems that Kayin killed about 1/7 of the population that day.
- 13) Adam and Chava had to be created *attached* at first, so that their nature would be to care for one another. Just like one cares for himself we must care for eachother!
- 14) The Tree of Knowledge was either a grape vine, fig tree, wheat stalk or esrog tree.
- 15) The saintly Rabbi Besalel Lowi known as the Maharal made a non-speaking man out of the elements: dirt, water, fire and wind. It was the year 1580 when Jewish persecution was rampant and the Rabbi felt the Jews could use a robotic bodyguard in those troublous times. Rabbi Lowi was 67 years old when he made Yossele the Golem who patrolled the city of Prague for ten years.
- 16) Hashem made the moon as a night light to enable us to learn Torah even in the dark nights. The moon also marks our calendar dictating when the new months begin.
- 17) Kayin was envious of his brother Hevel who was more righteous than him, so he killed him. The tendency of jealousy is deadly!
- 18) Enosh was the rasha that introduced the crazy belief of avoda zara. His generation sinned with that, and were punished by the Okaynus ocean flooding 1/3 of their population. This was a threat to the world not to forget Hashem is the only Power in control of everything.
- 19) Mesushelach was a big talmid chocham who knew 900 orders of Mishnah!
- 20) Hashem planned on letting Adam taste the Etz HaDaas after Shabbos would begin. But, Adam the first man showed his lack of patience and self control, and ate it sooner. This sin cost him and all his descendants their very lives. This shows us that Hashem has much pleasure in store for man; he does not need to take it early!
- 21) Before Adam ate from the Tree of Knowledge he had a nail like covering for beauty and protection. When Chava caused him to eat from the forbidden fruit he lost this safeguard from his skin with just a little left on his fingers. So women should not step on a cut nail lest this be used against them as an accusation for shortening life, which could Heaven forbid cause a miscarriage.
- 22) Hashem stopped in the middle of making the demons even though he could of finished their creation. He wanted to demonsrate to us that no matter what you are making on Erev Shabbos, when it comes close to evening stop and don’t finish your work. Just consider it done.
- 23) The world exists in merit of: A) the breathe of school children learning Torah and praying. B) People who keep their mouths closed not to quarrel with those that have insulted them. C) Thirty six tzadikim in every generation. D) Humble people. E) Jews studying Torah, praying and being kind.
- 24) Adam greatly regretted his sin of not obeying Hashem. He became a Baal Teshuva and cried and mourned. So Hashem extended his life. Also when Hashem said “the day you eat from it you will surely die” was referring to a day before Hashem which is *thousand years*. Adam was therefore to live 1,000 years, but he donated 70 years of his life for Dovid Hamelech.
- 25) The world was and still is sustained out of the kindness of Hashem!
- 26) Many mitzvos can atone for sins. One of those special mitzvos is keeping the Shabbos properly.
- 27) Daniel prophesized that in the future those that brought merit to the community will shine like the very stars. This refers to Yeshiva Rebbeim who teach the children and those that speak out against wrongdoing. Devorah prophesized that people that are insulted but don’t insult others, whom hear their disgrace but don’t answer back, who serve Hashem with love and are joyous even when pained they will shine like the sun in the future.
- 28) Learning Torah on Shabbos is a thousand times more beneficial for your neshama than learning during the week. We are commanded to learn as much Torah as we can at every available second. If one must work during the week at leastbhrs should learn as much as he can over Shabbos. [One minute of learning on Shabbos is like sixteen hours during the week!]
- 29) The seven things that Hashem made before making the world were: Torah; Teshuva; Gan Eden; Gehinnom; Kisei Hakavod; Beis Hamikdash and the name of Moshiaich.

- 30) Hashem wants us to make a blessing on the moon's renewal once a month, so that we at least look up to heaven once a month.
- 31) Chanoch went up to heaven on a fiery horse that descended from heaven and lifted up in a strong wind.
- 32) Snake's tongues are split since the original snake spoke falsely about Hashem. That snake which represented the yetzer horah tried weakening Chava's awe of Hashem by preposterously claiming that Hashem ate from the tree in order to make the world.
- 33) By the Beis Hamikdash different shifts of Yisraelim called Maamados, fasted and prayed that Hashem would accept the Korbanos of am Yisroel to atone for their sins. Then they would read Parshas Bereshis to show that the world only lasts since Hashem forgives our sins.
- 34) Chava was buried by Chanoch 57 years after Adam died. She was 987.
- 35) Although boys pursue mitzvos from the age of Bar mitzvah, the mitzvah of getting married is postponed a number of years. This is because boys at the young age of thirteen are often immature and not knowledgeable in Torah to become responsible fathers. But by dedicating around five years to Torah study they can become learned and will be able to guide their own children to keep the Torah. The Tur writes that ideally one should get married at the young age of thirteen. It seems that the youth in the olden days were more serious and responsible.
- 36) Adam Harishon was the first bechor. So he adorned himself with a sort of bigdei kehuna and offered Hashem the first korban.
- 37) Some say that the day of the week people are born influences the nature of his personality; One born on Sunday has the leadership quality, as Sunday is the beginning of the week. One born on Monday might have a tendency to be angry as division took place on Monday with the separation of the waters above and the waters below. One born on Tuesday will probably be wealthy but not so chaste, as food and plant life were created that day and grow wildly. One born on Wednesday will probably be brilliant, as the sun, moon and stars were created that day. One born on Thursday will probably be kind as fish and birds were created that day, which don't need have trouble to get food. One born on Friday will probably a runner after mitzvos as Erev Shabbos is when everyone rushes to get their needs for Shabbos. One born on Shabbos will probably be very holy as Shabbos is the holiest day of the week. But after all is said and done it's a person's attitude and deeds which will determine his success or failure.
- 38) "Ayeka" is an abbreviation for "ani yodeah kol hanistaros!". Hashem was saying to Adam "where do you think you are hiding? I know everything even if its hidden!" Another explanation is "where did you go to stoop so low as to kill your own brother?"
- 39) If someone doesn't want to get married and have children it's tantamount to have murdered his potential descendants!
- 40) Just as Hashem makes a wife honor and respect her husband when he keeps the Torah, and oppose him when he does not. So too one who studies Mishnayos well will merit much goodness and help from Heaven and one who ignores his studying of Mishnayos will lose out!
- 41) The famous Guinness Book of World Records documents the longest recorded life span of a human is 120 years. Now isn't that amazing how the Torah predicts the future! Hashem said that after mankind sinned so greatly their life spans would decrease drastically. Instead of living close to a thousand years people would live close to a hundred years.
- 42) Hashem blessed the fish and birds on Thursday that they be fruitful and multiply. So it was a popular custom to get married on Wednesday so that the blessing given on that day can effect the new couple as well.
- 43) The official time to marry is after 18. If a man wishes to postpone this mitzvah in order to concentrate on his learning torah he can delay getting married until he's 24. It's better for one's mind to get married earlier as the saying goes "tovim hashenayim min haechad!" (two are better than one).
- 44) One should want lots of children so that at least maybe one will become a talmid chocham in whose merit the parents will enjoy Gan eden.
- 45) The first mitzvah mentioned in the Torah is to have children. Our Rabbis encourage everyone to make shidduchim so that everyone can build their own home and fulfill this mitzvah.
- 46) Gan Eden is right next door to Gehinnom with only a thin wall separating them, with a scale suspended above it. I think the significance of their closeness is to remind us how careful one must be not to sin and lose the great reward, but if one did sin then he can do teshuva and enter Gan Eden.
- 47) Shamhazai and azael were angels that mocked man's frailty to sin. Hashem sent them down on earth to face temptation, and they failed.
- 48) Yuval was a bad musician because he played the harp and the flute for avoda zara.
- 49) Hashem showed Adam all the future scholars and leaders of all the generations that would be born.
- 50) Perhaps Adam knew the decision of the Gemara that a Baal teshuva is greater than a regular tzadik. So he sinned by eating the etz hadaas in order to do teshuva and become even closer to Hashem. But that's not a consideration because the Sages warned that one must not say "I will sin and repent!"
- 51) Hashem did not create Chava from the mouth lest she talk too much; nor from the ear lest she eavesdrop; nor from the foot lest she always want to go out. Rather Hashem created Chava from a rib which was covered so that she would always be modest.